RAMBLERS WALKING FOR HEALTH

Surrey Heath Borough Council is proud to be a Ramblers Walking for Health accredited scheme provider. Walking is great exercise and a brilliant way to meet new people and explore the local area. You’ll discover things you didn’t know existed right on your doorstep! These walks last between 1 - 3.5 hours and are suitable for all ages and abilities.

All walks are supervised by trained walk leaders and will take into consideration the group’s ability and requirements.

Location: All walks are on or near public transport routes, but may be more easily reached by private transport.
Timings: Please arrive on time so that registration can take place without delaying the walk.
Equipment: All participants are responsible for bringing suitable clothing and footwear to take part safely and comfortably in the walk. Please remember tracks are often wet and muddy in the autumn and winter.
Children: All children under the age of 16 must be accompanied by an adult.
Dogs: Dogs are not permitted on walks unless otherwise stated.

Supported through funding from players of People’s Postcode Lottery and Macmillan

GET IN TOUCH!
Business Services, Surrey Heath Borough Council, Surrey Heath House, Knoll Road, Camberley, GU15 3HD
01276 707100
Business.Services@surreyheath.gov.uk
/SurreyHeath
@SurreyHeath

For further details visit our website
www.surreyheath.gov.uk

A unique partnership between the local societies and local museum. Come and explore the history and local societies of our area.

Surrey Heath Museum and Gallery
33 The Square, Amersham, SL7 1AJ
Opening Times
Tuesday to Saturday, 10am to 4:30pm, Closed Bank Holidays, Free Admission
www.surreyheath.gov.uk

WALKING CALENDAR

GRADING
Gentle: For new walkers, unfit or recovering from illness / injury.
Moderate: For regular walkers and those who are reasonably fit.
Challenging: For experienced walkers.

MAY

Wed 1st - Lightwater Country Park
1 hour, 2.5 miles

Sat 4th - Wildmoor Heath
2 hours, 6 miles

Tue 7th - Hasley (Minley) Lake
1.5 hours, 3.75 miles

Wed 8th - Bagshot
1 hour, 2.5 miles

Sat 11th - Chalk Farm Lake
2.5 hours, 7 miles

Wed 15th - Chobham Meadows
1 hour, 2.5 miles

Tue 21st - Bagshot to the Lookout
1 hour, 2.5 miles

Wed 22nd - Basingstoke Canal
1.5 hours, 3.75 miles

Wed 29th - Bisley
1 hour, 2.5 miles

JUNE

Tue 4th - Hasley (Minley) Lake
1.5 hours, 3.75 miles

Wed 5th - Frimley Fuel Allotments
2 hours, 5 miles

Sun 9th - Blackwater Park
2.5 hours, 8 miles

Wed 12th - Blackwater Meadows
1 hour, 2.5 miles

Tue 18th - Bagshot to the Lookout
2 hours, 5 miles

Wed 19th - Turf Hill
1.5 hours, 2.5 miles

Sat 22nd - Horseshoe Lake
2 hours, 6 miles

Wed 26th - Mytchett Ranges
2.5 hours, 7.5 miles

JULY

Tue 2nd - Hasley (Minley) Lake
1.5 hours, 3.75 miles

Wed 3rd - Bagshot
1 hour, 2.5 miles

Wed 10th - Chobham Place Woods
1 hour, 2.5 miles

Wed 17th - Lightwater Country Park
1 hour, 2.5 miles

Sat 20th - Queens Avenue to Fleet
3.5 hours, 9 miles

AUGUST

Tue 23rd - Bagshot to the Lookout
2 hours, 5 miles

Wed 24th - Frimley Fuel Allotments
1.25 hours, 3 miles

Wed 31st - Basingstoke Canal
1.5 hours, 3.75 miles

Sat 3rd - Ash Vale River & Canal
3.5 hours, 7 miles

Tue 6th - Hasley (Minley) Lake
1.5 hours, 3.75 miles

Wed 7th - Bisley
1 hour, 2.5 miles

Wed 14th - Chobham Meadows
1 hour, 2.5 miles

Sat 17th - Chobham Meadows
2 hours, 6 miles

Sat 20th - Hasley (Minley) Lake
1.5 hours, 3.75 miles

Wed 21st - Mytchett Ranges
1.5 hours, 3.75 miles

Wed 27th - Bagshot to the Lookout
1 hour, 2.5 miles

Wed 28th - Lightwater Country Park
1 hour, 2.5 miles

Supported through funding from players of People’s Postcode Lottery and Macmillan.
| ALL WALKS START AT 10AM |

<table>
<thead>
<tr>
<th>WALKS</th>
<th>DESCRIPTION</th>
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<tbody>
<tr>
<td><strong>BASINGSTOKE CANAL</strong></td>
<td>Gentle 1.5 hours, 3.75 miles  Follow the popular and peaceful canal towpath looking out over the river. Meet outside Frimley Lodge Café, Frimley Lodge Park, GU16 6HY.</td>
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<tr>
<td><strong>BISLEY</strong></td>
<td>Gentle 1 hour, 2.5 miles  Escape the noise of the main road and discover the woods, fields and lanes of rural Bisley. There are a few stiles to cross on this route. Meet at Shatchbury Road Car Park, Bisley, GU24 9SR.</td>
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<tr>
<td><strong>BLACKWATER MEADOWS</strong></td>
<td>Gentle 1 hour, 2.5 miles  Follow the meandering course of the River Blackwater and stroll through pleasant meadows. Meet at Admiralty Way Car Park, GU15 3DT.</td>
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<tr>
<td><strong>CHOBHAM MEADOWS</strong></td>
<td>Gentle 1 hour, 2.5 miles  Take a gentle stroll through the picturesque meadows that lie beyond the village of Chobham. This walk can be wet underfoot at times. Meet in the car park behind the Chobham Rider Club, (near The Crown and Cushion pub), GU17 9LP.</td>
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<tr>
<td><strong>TURF HILL</strong></td>
<td>Gentle 1.5 hours, 2.5 miles  This pleasant walk takes in open heathland, mixed woodland and quiet lanes. Meet at Turf Hill Car Park, Guildford Road, Lightwater, GU18 5SW.</td>
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<tr>
<td><strong>ASH VALE - RIVER AND CANAL NORTH/SOUTH</strong></td>
<td>Moderate 2.5 hours, 2.5 miles  A circular walk from Ash Vale along the Blackwater River Path, including a refreshment stop. Meet outside main entrance (ticket office) of North Camp railway station, Aldershot GU12 5QA. There is free on road parking near the station.</td>
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<tr>
<td><strong>BAGSHOT</strong></td>
<td>Moderate 1 hour, 2.5 miles  Join us for a gentle walk along charming lanes and woodland behind Bagshot. There are a few trees to cross on this route. Meet in Bagshot Playing Field Association Car Park GU19 5EN, but please park along College Ride.</td>
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<tr>
<td><strong>BLACKWATER PARK</strong></td>
<td>Moderate 2.5 hours, 8 miles  Following the winding Blackwater Valley Path from the Meadows to Horseshoe Lake, you’ll be grateful of the refreshment stop at a local pub along the way! Meet in Blackwater Station Car Park GU17 3AB.</td>
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<tr>
<td><strong>BROOKWOOD TO BISLEY</strong></td>
<td>Moderate 2 hours, 6 miles  Starting at Brookwood Station, this walk goes through Bisley Ridge Association, Pitcroft Army Camp and a refreshment stop at the camp’s SPAR shop before returning to Brookwood. Free parking on Sundays. Meet at Brookwood Railway Station, Connaught Road, GU24 0ER.</td>
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<tr>
<td><strong>CHALK FARM LAKE</strong></td>
<td>Moderate 2.5 hours, 7 miles  A pleasant, circular and flat walk along the Basingstoke Canal and Blackwater River paths with a refreshment stop at Ash Vale Wharf. Chalk Farm Lake free car park is off Camp Farm Road, next to Lock Road, Aldershot, GU11 1ST.</td>
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<tr>
<td><strong>CRAWDATON WALKS</strong></td>
<td>Moderate 3 hours, 7 miles  Hidden away on the outskirts of the Borough but well worth a visit! Wandering along man made tracks, through trees and circling the lake, you won’t just visit the once! Meet opposite the entrance to Hawley Lake Sailing Club, (near The Crown and Cushion pub), GU17 3LP. New walkers please contact <a href="mailto:business.services@surreyheath.gov.uk">business.services@surreyheath.gov.uk</a> because the meeting point for this walk may change.</td>
</tr>
<tr>
<td><strong>HAWLEY (MINLEY) LAKE</strong></td>
<td>Moderate 2.5 hours, 3.75 miles  An hour’s trek through Swinley Forest to Hawley Lake to enjoy some beautiful countryside. Meet at Horseshoe Lake, Mill Lane, Bagshot, GU19 5EN, but please park along College Road.</td>
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<tr>
<td><strong>LIGHTWATER COUNTRY PARK</strong></td>
<td>Moderate 1 hour, 2.5 miles  Walk through the varied landscape of this breathtaking Country Park and beyond. Lots to see and explore, you’ll never get bored of the scenery. Meet at the Café, GU16 5RG.</td>
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<tr>
<td><strong>MYTCHETT RANGES</strong></td>
<td>Moderate 1.5 hours, 3.75 miles  The moderate climb to the top of the ranges will all be worth it when you see the view! Meet outside Frimley Lodge Café, Frimley Lodge Park, GU16 6HY.</td>
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**SPECIAL THANKS...**

To our Walking for Health volunteer Walk Leaders.

Up to date walk information can be found on www.surreyheath.gov.uk/walksandevents or by calling 01276 707100

For further information on the benefits of walking go to www.walkingforhealth.org.uk

If you are interested in becoming a Walk Leader, please contact: Craig.Alford@surreyheath.gov.uk

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