

Saturday Club



The Saturday Club at the Windle Valley Centre offers older residents, carers and the cared for a chance to relax and enjoy themselves through interaction and entertainment.

Join in

Held each Saturday from 2pm to 5pm, drop in and take part in a range of dementia friendly activities including:

- Music and movement
- Creative arts and cookery
- Bowls, boccia and magnetic darts
- Reminiscence activities
- Traditional board and card games

Afternoon tea

Join us each Saturday afternoon for tea, cakes and more!

Have a break

If you are a carer attending with your loved one you can join in the activities or simply take a break and relax with a cup of tea.

Outings and themed events

We run a number of outings to nearby locations and beyond. Join us for a trip to the seaside, local garden centre, summer fetes and themed celebrations throughout the year.





Saturday Club

Transport provided

Transport to and from the Saturday Club can be arranged via the Community Transport service for a small charge. Please call 01276 707655 to book.

"The Saturday Club brightens my weekends up. It's a chance for me to relax and my partner loves getting involved in all the different activities on offer"

To attend the Saturday Club just drop in between 2pm and 5pm or contact us on 01276 707659 to let us know. For more information visit www.surreyheath.gov.uk/windlevalley. There is a small weekly charge to attend.

