

Meals at Home Menu Card

Week 1

Please choose a main course, dessert and/or soup for each day you would like a meal. For three courses there is a small additional charge.

	MAIN COURSE	DESSERT	OPTIONAL SOUP
MON	Chicken Chasseur	Orange Sponge	Lentil
	Minced Pork & Potato Pie	Bread & Butter Pudding	
	Macaroni Cheese (V)	Apple Pie (RS)	
TUES	Cottage Pie	Rhubarb Crumble	Scotch Broth
	Fish & Mash	Stewed Apple & Custard	
	Cauliflower & Broccoli Bake (V)	Golden Syrup Sponge (RS)	
WED	Pork Steakette	Apple Pie	Potato & Leek
	Lancashire Hotpot	Ginger Sponge	
	Vegetable Lasagne (V)	Rhubarb Crumble (RS)	
THURS	Irish Stew	Treacle Tart	Pea & Ham
	Chicken & Vegetable Pie	Apricot Crumble	
	Vegetarian Pasta Bake (V)	Blackcurrant Pie (RS)	
FRI	Steak & Kidney Pie	Jam Sponge	Chunky Vegetable
	Fish Pie	Plum & Cherry Pie	
	Omelette & Chips (V)	Lemon Sponge (RS)	
SAT	Minted Lamb & Dumplings	Plum & Cherry Crumble	Tomato & Vegetable
	Vienna Steak	Jam Roly Poly	
	Vegetarian Sausage & Mash (V)	Apple/Blackberry Crumble (RS)	
SUN	Beef with Roast Potatoes	Sticky Toffee Pudding	Cream of Mushroom
	Chicken Breast	Blackcurrant Sponge	
	Vegetarian Cottage Pie (V)	Sultana Sponge (RS)	

V = Vegetarian RS = Reduced Sugar

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Week 2

Please choose a main course, dessert and/or soup for each day you would like a meal. For three courses there is a small additional charge.

	MAIN COURSE	DESSERT	OPTIONAL SOUP
MON	Lamb & Vegetable Casserole	Blackcurrant Pie	Scotch Broth
	Chicken & Mushroom Pie	Apple & Blackberry Crumble	
	Vegetarian Pasta Bolognese (V)	Jam Roly Poly (RS)	
TUES	Pork & Root Veg Casserole	Golden Syrup Sponge	Potato & Leek
	All Day Breakfast	Treacle Tart	
	Cheesy Vegetable Bake (V)	Stewed Apple & Custard (RS)	
WED	Minced Beef & Onion Pie	Semolina with Apple	Pea & Ham
	Salmon Supreme	Sultana Sponge	
	Macaroni Cheese (V)	Jam Sponge (RS)	
THURS	Chicken & Vegetable Casserole	Lemon Sponge	Chunky Vegetable
	Shepherd's Pie	Summer Fruit Pie	
	Cauliflower & Broccoli Bake (V)	Apple Crumble (RS)	
FRI	Savoury Minced Beef	Apple Crumble	Tomato & Vegetable
	Fish in Parsley	Baked Fruit Bread Pudding	
	Vegetable Lasagne (V)	Golden Syrup Sponge (RS)	
SAT	Chicken Supreme	Bakewell Tart	Lentil
	Beef Stew & Dumplings	Lemon/Summer Fruit Sponge	
	Vegetarian Pasta Bake (V)	Rhubarb Crumble (RS)	
SUN	Sliced Turkey with Stuffing	Spotted Dick	Chicken Broth
	Lamb in Gravy	Stewed Apple & Rice	
	Omelette & Chips (V)	Blackcurrant Pie (RS)	

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Week 3

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	MAIN COURSE	DESSERT	OPTIONAL SOUP
MON	Chicken & Bacon Hotpot	Ginger Sponge	Potato & Leek
	Fish in Butter	Plum & Cherry Crumble	
	Macaroni Cheese (V)	Lemon Sponge (RS)	
TUES	MAIN COURSE	DESSERT	OPTIONAL SOUP
	Corned Beef Hash	Bread & Butter Pudding	Pea & Ham
	Lamb & Vegetable Casserole	Orange Sponge	
	Cauliflower & Broccoli Bake (V)	Apple Pie (RS)	
WED	MAIN COURSE	DESSERT	OPTIONAL SOUP
	Sausage in Gravy	Plum & Cherry Pie	Chunky Vegetable
	Cottage Pie	Jam Sponge	
	Vegetable Lasagne (V)	Sultana Sponge (RS)	
THURS	MAIN COURSE	DESSERT	OPTIONAL SOUP
	Ham & Leek Crumble	Stewed Apple & Custard	Lentil
	Beef Stew & Dumplings	Treacle Tart	
	Vegetarian Pasta Bake (V)	Apple/Blackberry Crumble (RS)	
FRI	MAIN COURSE	DESSERT	OPTIONAL SOUP
	Lancashire Hotpot	Apricot Crumble	Scotch Broth
	Sweet & Sour Chicken	Sticky Toffee Pudding	
	Omelette & Chips (V)	Jam Roly Poly (RS)	
SAT	MAIN COURSE	DESSERT	OPTIONAL SOUP
	Chicken in Gravy	Blackcurrant Sponge	Cream of Mushroom
	Salmon Crumble	Apple Pie	
	Vegetarian Sausage/Mash (V)	Stewed Apple & Custard (RS)	
SUN	MAIN COURSE	DESSERT	OPTIONAL SOUP
	Lamb in Gravy	Jam Roly Poly	Tomato & Vegetable
	Beef with Roast Potatoes	Rhubarb Crumble	
	Vegetarian Cottage Pie (V)	Jam Sponge (RS)	

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Week 4

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	MAIN COURSE		DESSERT		OPTIONAL SOUP	
MON	Minced Beef & Onion Pie		Sultana Sponge		Pea & Ham	
	Cumberland Sausage		Semolina with Apple			
	Vegetarian Pasta Bolognese (V)		Apple Crumble (RS)			
	MAIN COURSE		DESSERT		OPTIONAL SOUP	
TUES	Lemon & Ginger Chicken		Stewed Apple & Rice		Lentil	
	Savoury Minced Beef		Golden Syrup Sponge			
	Cheesy Vegetable Bake (V)		Lemon Sponge (RS)			
	MAIN COURSE		DESSERT		OPTIONAL SOUP	
WED	Minted Lamb & Dumplings		Summer Fruit Pie		Tomato & Vegetable	
	Meatballs & Mushy Peas		Apple Crumble			
	Macaroni Cheese (V)		Blackcurrant Pie (RS)			
	MAIN COURSE		DESSERT		OPTIONAL SOUP	
THURS	Fish in Butter		Baked Fruit Bread Pudding		Potato & Leek	
	Irish Stew		Blackcurrant Pie			
	Cauliflower & Broccoli Bake (V)		Rhubarb Crumble (RS)			
	MAIN COURSE		DESSERT		OPTIONAL SOUP	
FRI	Chicken Curry		Lemon/Summer Fruit Sponge		Scotch Broth	
	Steak & Kidney Pie		Bakewell Tart			
	Vegetable Lasagne (V)		Stewed Apple & Custard (RS)			
	MAIN COURSE		DESSERT		OPTIONAL SOUP	
SAT	Shepherd's Pie		Apple & Blackberry Crumble		Chicken Broth	
	Fish & Mash		Spotted Dick			
	Vegetarian Pasta Bake (V)		Jam Roly Poly (RS)			
	MAIN COURSE		DESSERT		OPTIONAL SOUP	
SUN	Chicken Breast		Treacle Tart		Chunky Vegetable	
	Pork in Gravy		Lemon Sponge			
	Omelette & Chips (V)		Golden Syrup Sponge (RS)			

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