



Learning Brief: Domestic Abuse Related Death Review – Anis

1 Purpose of the Review



The Domestic Abuse Related Death Review (DARDR) was initiated following the non-homicidal death of Anis, 26, in March 2024, linked to domestic abuse. The review aims to analyse responses and identify gaps to prevent future deaths.

2 Key Facts



Anis died from an overdose amid domestic abuse, mental health issues, and neglect, leaving behind two children and facing harassment from a partner.

3 Key Themes



Trauma & Mental Health

Anis faced trauma from ACEs and mental health issues, often overlooked.



Housing & Financial Hardship

Poor housing conditions and financial instability were not addressed.



Child Welfare

Sam and Charlie were neglected due to inconsistent follow-ups.



Professional Curiosity

Agencies misinterpreted trauma as disengagement.



Multi-Agency Working

Poor information sharing hindered risk assessment among agencies.

6 Learning from Anis



Anis's death highlights the need for compassionate, relational approaches instead of compliance-driven interventions. Victims of abuse often endure fear, trauma, and isolation, so understanding their context is crucial for effective safeguarding.

4 Missed Opportunities



- **Domestic Abuse:** Safeguarding missed coercive control.
- **Mental Health:** Anis's missed appointments weren't followed up on.
- **Housing:** Poor conditions received little investigation.
- **Children:** Sam's distress was often overlooked.

5 Recommendations



- Strengthen trauma-informed practices.
- Improve agency coordination for safeguarding.
- Encourage professional challenge with disengaged victims.
- Enhance early intervention for children in domestic abuse contexts.

7 Final Reflections



"Behind each review is a voice that must be heard. Our responsibility is to listen, to learn, and to act."

The review honours Anis's life and aims to create systems that protect others more effectively. Professionals must embrace a culture of listening, learning, and accountability.

Review at a Glance

	Age	26
	Children	2
	Review Period	Sept 2022 – Mar 2024
	Review Type	Domestic Abuse Related Death Review (DARDR)
	Key Themes	Domestic Abuse, Trauma, Mental Health, Child Welfare

Learning Pathway



Recognition
Identify signs of domestic abuse and cumulative harm early.



Assessment
Consider the whole context, including trauma and vulnerabilities.



Information Sharing
Share relevant information proportionately and effectively.



Intervention
Act promptly with compassionate, trauma-informed support.



Protection
Ensure safety for the individual and their children.

Key Learning Messages



Recognise cumulative harm



Apply trauma-informed practice



Share information effectively



Think Family – adult and child needs



Hold perpetrators accountable

